

# ARCH NEWS

Rotary Club of Madras Northwest

District 3232: Club 26425

Issue 4, October 2023





## CAREER COUNSELLING PROGRAM





## SPEAKER MEETING



Date 07/09/2023

Topic: Real Estate  
The Guest Speaker  
narrated various  
buying a property

## MEDICAL CAMP







## FLAG EXCHANGE

Date : 08/09/2023



President Rema Kumar had a meeting with the Rotary club of Sri Lanka City with few other members. They were welcomed with a traditional house boat by the club. They exchanged flags and discussed a variety of subjects including best practices for different regions etc. They had a good time.

## THIRD BOARD MEETING

# TREE PLANTATION





## VETERINARY CAMP





## ROTARY BADMINTON TOURNAMENT



## PROJECT PLANNING DISCUSSION V INTERACT SCHOOLS





## SPEAKER MEETING





Date: 21/09/2023

Topic: Yesteryear Movie Magic

Rtn. Yadav Murti presented the opportunities on Rotary Peace of International Peace.



# ANN'S CORNER

## PARUPPU MILAGAI KADAIYAL

### INGREDIENTS

- Toor dal - 1 cup
- Red chillies - 8 to 10
- Tamarind - 3 to 6 g
- Onion - 1
- Garlic - 2 to 3 pods

### METHOD

- Fry the onion and
- Add the washed red chillies and fry for some more time
- Add 2-3 cups of water
- Keep tamarind in a bowl with the mixture and press it
- After the pressure is released, the dal is cooked and ready to eat
- Add the tamarind juice and mix until all the red chillies are eaten
- Serve with hot rice

By

**Ann S. Ragini P**

## ANNET'S CORNER



## LAUGH

